



Worksheet: My plan of action

A screenshot of the Job Readiness Training course list interface. At the top left is the logo and the text "Job READINESS TRAINING". To its right is a "Course List" link. On the top right, there is a user profile icon labeled "Job Readiness" and a notification bell icon. The main content area is titled "Course List" and contains a grid of eight course cards. Each card displays an illustration, a status (e.g., "COMPLETE" or "START COURSE"), the number of lessons, the course title, the provider "Job Readiness", a progress bar, completion status, and last activity date. The courses shown are: Introduction (7 Lessons, 100% Complete, last activity June 20, 2020), Developing Self Awareness (4 Lessons, 100% Complete, last activity June 16, 2020), The Hidden Job Market (0 Lessons, 0% Complete, 0/0 Steps), Finding Work (0 Lessons, 0% Complete, 0/0 Steps), Starting Work (0 Lessons), Dealing with job loss and redundancy (0 Lessons), How to pivot your business post-COVID (0 Lessons), and Wellbeing for small business owners (an... (0 Lessons). A "99" is visible in the bottom right corner of the first three cards.

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My identity:

- what I enjoyed most about my last job and why?

- what I enjoyed least about my last job and why?

- what is important to me for my next job?

My sense of purpose:

My values:

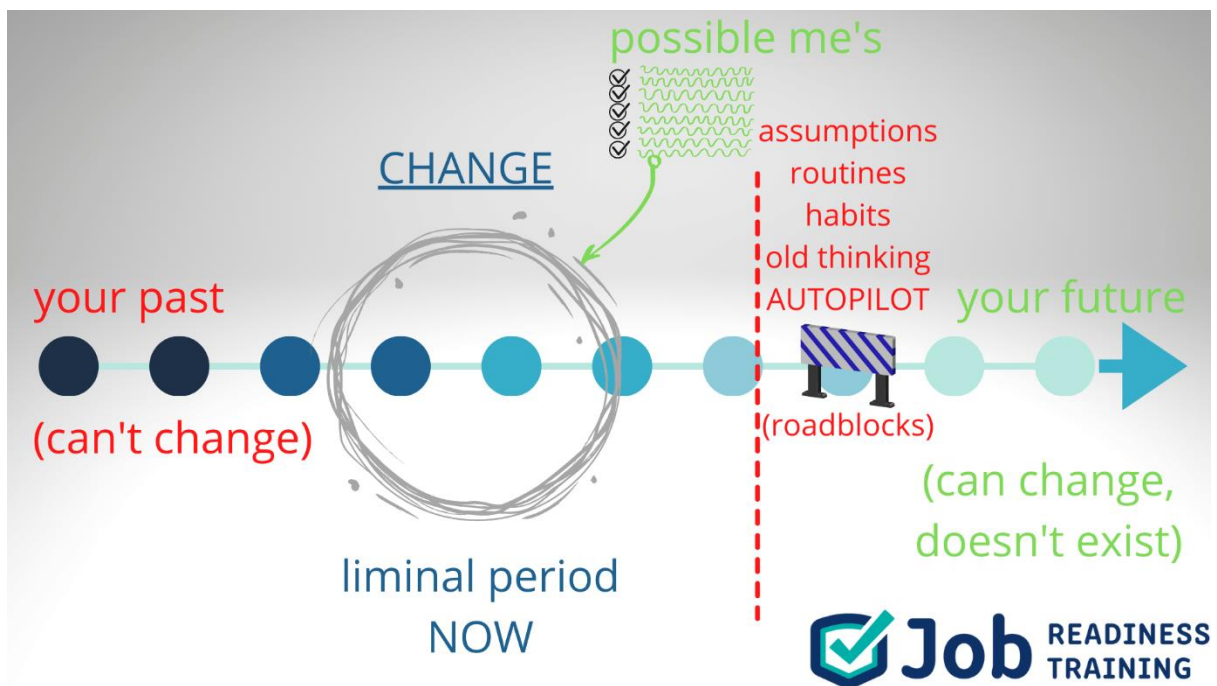
My strengths:

Identified through online test:

Identified through feedback from others:

My “possible me’s”:

(Remember, you can change your future, but not your past)



Weigh your options	Scale (1 bad, 6 good)					
	1	2	3	4	5	6
Option 1						
Option 2						
Option 3						
Option 4						
Option 5						
Option 6						
Option 7						
Option 8						
Option 9						

Consider finances, risk, enjoyment, impact on relationships; any personal motivations and values that matter most to you.